

S. B. GARDÀ COLLEGE (ARTS) AND P. K. PATEL COLLEGE OF COMMERCE, NAVSARI

Affiliated to Veer Narmad South Gujarat University, Surat

A Parsi Minority Educational Institution (Accredited "B" by NAAC)

Activity Diary
Year: 2021-2022

Department: N.S.S

Name of the Chairman: DR.M.D.GOHIL

Name of the Vice-Chairman: 1) DR.A.C.SHARMA

2) PROF.H.R.NAIK

Name of the Member: DR.S.A.DESAI

BRIEF REPORT OF THE EVENT/SEMINAR/ COMPETITION

Particulars	Details of the Event/Seminar/ Competition
Title of the Event/Seminar/Competition	Celebration of 7 th International yoga day
Date &Time of the Event/Seminar/Competition	21/06/2021 8:00 A.M. To 9:00 A.M.
Place	New Library Hall
Total No. of Participants (as per the list)	43
Name of the eminent speaker(s)(If any)	1) Yoga guru Pritiben Shah 2) Seemaben Patil
About the Event/Seminar/Competition	<p>7th International Yoga Day jointly organized by S.B.Garda Arts And P.K.Patel Commerce College,Navsari and N.S.S. Unit dated on 21/06/21.</p> <p>Yoga guru Smt. Preetiben Shah and Seemaben Patil performed various asanas of Ashtanga Yoga and Pranayama, Deep Breathing, Nadi Shuddhi Pranayama, Kapalbhathi etc. to all the staff.</p> <p>Preetiben Shah stated that by doing yoga benefits for the body and gives peace of mind. She further wished to do yoga on regular basis for healthy life ahead.</p>

GLIMPSES OF THE EVENT/SEMINAR/COMPETITION



List of the participants

Sr. No.	Name of the Staff member	Mobile No.
01	Prof. R.M.PATEL	9909805165
02	Prof. M.C.NAIK	9879040938
03	Prof. A.V.PATEL	9737666552
04	Prof. K.R.DESAI	9909117809
05	Prof. A.B.PATEL	9978089580
06	Prof. N.O.MANSURI	9909879756
07	Prof. Dr.D.M.GURJAR	9427176101
08	Prof. Dr.M.D.GOHIL	9427706361
09	Prof. Dr.H.J.PATEL	9879038709
10	Prof. Dr.R.S.GAUTAM	9724332372
11	Prof. H.R.NAIK	9898087264
12	Prof. I.A.CHAUDHARAI	8329009423
13	Prof. R.F.PALIA	8238260733
14	Prof. Dr.A.R.PATEL	9428161087
15	Prof. Dr.N.A.HARIYANI	9726293370
16	Prof. Dr.A.C.SHARMA	9601005067
17	Prof. Dr.P.B.PATEL	9904581000
18	Prof. K.C.PATEL	9825808381
19	Prof. M.S.PATEL	9913342045
20	Prof. T.R.MISTRY	7567243693
21	Prof. R.R.MISTRY	7069340706

22	Prof. N.N..MISTRY	9426891897
23	Prof. Z.K.KATRAK	9662635347
24	Prof. DR.S.A.DESAI	9429991904
25	Prof. N.B.GUJJA	7984809055
26	Prof. A.D.TANDEL	9687669353
27	Prof. GARVITA KHATRI	8758769052
28	K.K.PATEL	9537109268
29	SMT.N.K.PATEL	9426846966
30	NAVROZ R. PATEL	9427469983
31	K.B.DHODIYA	9687296354
32	K.S.RATHOD	8469906427
33	F.N.MOGAL	7567785338
34	A.N.RANA	9825991385
35	A.G.TALAVIA	7573061697
36	PALAS PATEL	8758565788
37	NASRIN RATHOD	9725145515
38	MIRAL PATEL	8401130501
39	NASRIN KURESHI	9574560368
40	HEENA KAZI	6359790031
41	RIDDHI LAD	9638909946
42	MILAN RATHOD	7698767819
43	HARSHVARDHAN LAD	9725544504